

ANGELICA CHAVARRO
Colombia, 1976

Angélica Chavarro earned her Master's Degree in Visual Arts. After her academic studies she developed an interest in self-knowledge and personal development and trained as an instructor in meditation techniques, including yoga and kundalini, among others. Following this path, after a brain surgery in 2016, she discovered a meaningful bond between her creative process and her concerns about the relationship between body, mind and spirit. Since then, she has been particularly interested in a visual approach to the issues of mindfulness, dimensions of thought and meditation, principles that guided her inquiry into the psychological dimension of art as a contemplative practice and as a channel for spiritual expression.

Her most recent work puts an emphasis on the mental attitude of viewers when facing the works, underscoring today's need for self-observation and silence to acknowledge the essence of our being, drawing the conclusion that the world is in irrefutable need of spirituality. In her most recent solo show, Silence's Intentions (Onsite Installation - FUGA 2019) she laid out a space that referenced the stages of meditation, offering a sensory experience to the visitor.

Her inquiries and her reflections make use of different media and practices, such as painting, drawing, installation and onsite intervention. She has taught creation workshops and she is currently devoted to her artistic practice.

Her work has been shown in her own country and abroad, in individual and group shows, in museums and galleries.

ACADEMIC DEGREES

- 2003 **Master's Degree in Fine Arts**
Universidad Nacional de Colombia
Concentration in Pictoric Image and Art History and Theory
- 2012 **Specialist in Integral Artistic Education**
Universidad Nacional de Colombia

SOLO EXHIBITIONS

- 2019 "Intenciones del Silencio"
Fundación Gilberto Alzate Avendaño, Bogotá.
- 2017 "Vacío Fértil" Antes y Después
Museo de la Sociedad de Cirugía de Bogotá.
- 2009 "Intervenciones"
SKANDIA Centro Cultural, Bogotá.
"Muestra Individual Angélica Chavarro"
Casa de Santander, Bogotá
- 2008 "Miradas Urbanas"

Artecámara – Red de salas de exposición Cámara de Comercio de Bogotá

2007 "Insinuaciones Naturales"

Galería Parte del Arte, Corporación Colombo-Alemana Horizontes Colombianos, Bogotá

GROUP EXHIBITIONS

2021 "Animal Social.temp" Una travesía temporal del proyecto Faenza

LGM Galería, Bogotá

"Threads" Bliss on Bliss Art Projects

Maleza proyectos, Bogotá.

Topaz Arts, New York

2020 "Feria del Millón en el Bronx"

Octava Versión FDM, Bogotá

"Feria Barcú. Bogotá, arte y cultura"

Galería Nuance, Bogotá

"Feria ArtBo. Fin de Semana"

Aurora Espacio para el Arte y el Diseño, Bogotá

Fundación Gilberto Alzate Avendaño, Bogotá

"Formato Chic*6"

Galería Elvira Moreno, Bogotá

2019 "GRAN COLECTIVA NO 7"

Otros 360° Galería, Bogotá

"PRETÉRITO PERFECTO"

LGM Galería, Bogotá - FDS ARTBO 2019

"TEORÍA DE CONJUNTOS"

Adrian Ibañez Galería, Tabio Cundinamarca

2018 "EXPLORACIONES _ PROYECTO FAENZA"

Galería Aurora, Bogotá

"JUNTAS"

Centro Colombo Americano, Sede Centro, Bogotá

"RUTEROS"

Latin-Art Galery, Praga, República Checa

2017 URBANO

Colectiva Galería 12:00, Bogotá, Colombia.

OKUPAS

Muestra Colectiva, Faenza Estudios, Bogotá, Colombia

2015 "II ENCUENTRO DE ARTISTAS EMERGENTES, ARTE A LAS 7 EN LA 127"

Centro Cultural y Educativo Español REYES CATÓLICOS junto a la Consejería de Cultura de la Embajada de España

COMPLEMENTARY STUDIES

2018 **Mind and Meditation**

Kundalini Instructor, KRY Certification (International Teacher Training - Kundalini Research Institute-Yoga Alliance)

2017 **Training Program Kundalini Yoga Instructor**

KRY Certification (International Teacher Training - Kundalini Research Institute-Yoga Alliance)

2014-15 **Meta genealogy, Psychomagic and Evolutionary Tarot, 2014-2015**

Escuela Metamundo- Cristobal Jodorowsky

LINES OF INTEREST

Art and Spirituality

Contemplative Art

Meditation and Psychotherapy

Relation mind-body-spirit